

# TRACEN Petaluma Haley Hall Dining Facility

**24NOV25 - 30NOV25**

2	BREAKFAST	Calories	LUNCH	Calories	DINNER	Calories
<b>M O N D A Y</b>	FRESH FRUIT CREAM OF WHEAT ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS CHICKEN APPLE / CHORIZO LINKS HASH BROWNS CHOCOLATE CHIP PANCAKES HAM & CHEESE QUICHE	VARIES 110 VARIES VARIES 78 180 151 210 320	FRENCH ONION SOUP BEEF STROGANOFF HERB ROASTED CHICKEN BUTTERED EGG NOODLES HERBED BASMATI RICE CANDIED CARROTS STEAMED BROCCOLI  <u>PLATED ALTERNATIVE</u> BERBERE CHICKEN & VEGETABLE CURRY W/ WHITE RICE	210 200 225 221 65 70 90  285	ITALIAN SAUSAGE BAKED ZITI VEGETARIAN BAKED ZITI MOZZARELLA STICKS W/ MARINARA ROASTED ASPARAGUS STEAMED MIXED VEGETABLES GARLIC BREAD	400 180 290 95 65 49
<b>T U E S D A Y</b>	FRESH FRUIT OATMEAL ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS BACON / SAUSAGE PATTIES SHREDDED HASH BROWNS FRENCH TOAST W/ BUTTER & SYRUP BISCUITS & SAUSAGE GRAVY	VARIES 158 VARIES VARIES 78 92/180 180 210 386	POZOLE ROPA VIEJA CHICKEN TACOS FRIJOLES CHARROS SOUTHWESTERN RICE CHILI LIME CORN ROASTED PEPPERS AND ONIONS SALSA BAR  <u>PLATED ALTERNATIVE</u> CEVICHE W/ TORTILLA CHIPS	380 525 202 210 350 62 150 VARIES  210	CHICKEN MARSALA CREAMY POLENTA FRESH HERB LINGUINI SAUTEED KALE W/ SWEET ONIONS ROASTED CAULIFLOWER BREADSTICKS	353 275 200 45 84 150
<b>W E D N E S D A Y</b>	FRESH FRUIT HOT GRITS ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS TURKEY / MAPLE PORK SAUSAGE LINKS HASH BROWNS BLUEBERRY PANCAKES CORNEBEEF HASH	VARIES 142 VARIES VARIES 78 180 110 210 355	CHICKEN NOODLE SOUP SAUTEED PORK MEDALLIONS W/ APPLE CHUTNEY SAVORY BAKED CHICKEN RICE PILAF AU GRATIN POTATOES SAUTEED GREEN BEANS BRAISED COLLARD GREENS CORNBREAD  <u>PLATED ALTERNATIVE</u> DUCK A L'ORANGE W/ ROASTED BROCCOLINI	185 493 189 165 298 155 35 120  225	SAUERBRATEN POT ROAST W/ HUNTER'S GRAVY MASHED POTATOES SPÄTZLE BRAISED TANGY CABBAGE BABY CARROTS W/ DILL BUTTER HOT DINNER ROLLS	225 350 151 130 80 80
<b>T H U R S D A Y</b>	FRESH FRUIT CREAM OF WHEAT ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS BACON / HOT SAUSAGE LINKS GOLDEN HASH BROWN PATTIES BUTTERMILK PANCAKES BREAKFAST SANDWICHES	VARIES 110 VARIES VARIES 78 92/180 180 210 340	<b>HAPPY THANKSGIVING</b> FRIED CHICKEN SANDWICHES GRILLED CHICKEN BREAST ONION RINGS MACARONI & CHEESE CITRUS ROASTED ASPARAGUS ROASTED CAULIFLOWER	236 315 219 180 120 78 101	ROASTED TURKEY HONEY GLAZED HAM MASHED POTATOES AND GRAVY SWEET POTATO CASSEROLE SAVORY STUFFING GREEN BEAN CASSEROLE CORN ON THE COB HAWAIIAN DINNER ROLLS PUMPKIN, PECAN, & APPLE PIE CRANBERRY SAUCE	264 215 240 225 198 240 101 115 VARIES 110
<b>F R I D A Y</b>	FRESH FRUIT OATMEAL ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS CHICKEN APPLE / PORK SAUSAGE PATTIES HASH BROWNS FRENCH TOAST W/ BUTTER & SYRUP BREAKFAST BURRITOS	VARIES 158 VARIES VARIES 78 180 151 210 320	<b>HOLIDAY</b> STEAK FRITTERS SEARED CHICKEN BREAST ROASTED RED POTATOES CREAMY POLENTA SAUTEED YELLOW SQUASH ROASTED VEGETABLE MEDLEY BUTTERMILK BISCUITS	500 320 150 120 70 70 80	ROASTED PRIME RIB BROWN GRAVY GARLIC MASHED POTATOES RICE PILAF LEMON GARLIC SWISS CHARD GLAZED ROOT VEGETABLES HOT DINNER ROLLS	450 110 180 200 100 110 85
<b>S A T U R D A Y</b>	FRESH FRUIT HOT GRITS ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS BACON / MAPLE PORK SAUSAGE LINKS HASH BROWNS BUTTERMILK PANCAKES BISCUITS & SAUSAGE GRAVY	VARIES 142 VARIES VARIES 78 92/180 180 210 386	KALUA PORK HAWAIIAN GARLIC SHRIMP CALROSE RICE HAWAIIAN MAC SALAD GARLIC EDAMAME BANG BANG BROCCOLI EGGROLLS W/ DIPPING SAUCE	226 375 125 210 125 78 VARIES	ASSORTED PIZZAS CHICKEN WINGS JALAPENO POPPERS CELERY & CARROT STICKS RANCH & BBQ DIPPING SAUCES	326 260 180 40 VARIES
<b>S U N D A Y</b>	FRESH FRUIT CREAM OF WHEAT ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS TURKEY / PORK SAUSAGE LINKS GOLDEN HASH BROWNS PATTIES FRENCH TOAST W/ BUTTER & SYRUP	VARIES 110 VARIES VARIES 78 180 151 210	EGGS & OMELETS TO ORDER CORNEBEEF HASH / SAUSAGE WAFFLES W/ BUTTER & SYRUP GRILLED TURKEY MELTS STEAMED MIXED VEGETABLES SEASONED FRIES	VARIES 320/180 210 165 110 VARIES	FLAT IRON STEAKS BAKED SWEET POTATO GARLIC PARMESAN ORZO STEAMED PEAS AND CARROTS ROASTED RED PEPPERS HOT DINNER ROLLS	304 175 152 99 78 80

WEEK 2

The Food Service Officer is authorized to make changes to this menu when, due to unusual or unforeseen circumstances, it may be necessary to provide substitutions for food items not in stock or to permit the timely use of perishable foods. Assorted beverages, desserts, and breakfast pastries are available during meal service.

Submitted By:  CSC E. S. Sanchez Dining Facility Supervisor	Reviewed By:  CSCS N. E. Mogan Food Service Officer	Approved By:  Captain J. D. Burch Commanding Officer
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